

To get your gardening season off to a good start, The Green Line is suggesting four earth-friendly cultivation techniques to help you grow a beautiful lawn:

- I. Aeration
- 2. Top-dressing
- 3. Overseeding
- 4. General maintenance

For the best results, the aeration, top-dressing and overseeding should be done on the same day.



THE GREEN LINE

AERATION

Aeration involves perforating the soil with a mechanical aerator. This reduces soil compaction

and allows air, to penetrate into the ground to the benefit of the roots and micro-organisms living there. By aerating the soil, you encourage the grass to grow deep roots even as you improve soil drainage.



TOP-DRESSING

Top-dressing involves spreading a layer of compost about 0.6 cm thick over your entire lawn. Adding this organic material will improve the quality of your soil.

How to top-dress?

- Spread the compost evenly using a spreader or by flinging it from a shovel
- Lightly rake the lawn to help the compost reach the ground



OVERSEEDING

Along with top-dressing, you should consider overseeding, which will replenish your lawn and make it stronger. The best time to overseed is the spring or late summer. Be sure to use a grass seed mix appropriate for your sun/shade conditions.

By increasing the biodiversity of your lawn, you reduce the risk of damage caused by insect pests like June bugs (white grubs). Adding clover, for example, will help ward off this destructive insect.

GENERAL MAINTENANCE

- Adjust the height of your mower's blade so it cuts the grass 7.5 cm tall This will help your lawn cope with any lack of water during heat waves.
- Leave the grass cuttings on the lawn after mowing Grasscycling

As the cuttings decompose, they make the soil more fertile.

Use a 100% natural fertilizer

All these cultivation techniques will help you grow a thick, green lawn and keep weeds under control.

The Green Line is your source for advice and tips on maintaining your lawn and plantings.

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