

PREPARATION GUIDE FOR THE 2026 SELECTION PROGRAM
RETURNING EMPLOYEES
(WHO WORKED DURING SUMMER 2025)

Please note: the interview process described below is subject to change, and will be adapted to respect the sanitary guidelines in place at the time of the interviews.

The selection program is an evaluation to determine the knowledge, techniques as well as the public relations skills of potential Aquatics personnel. The program, for returning employees only, will be divided into 2 parts:

1. Classroom Practical Exam – First Aid and CPR

All candidates will have to demonstrate their knowledge of first aid and resuscitation. The candidates will be scheduled at a specific time and will have 15 minutes to demonstrate their abilities in predetermined emergency situations.

2. Theory exam – Access to a computer required

45 minutes are allowed to complete the online exam. The details will be communicated to candidates upon confirmation of the interview.

We reserve the right to ask a returning employee to participate in the pool evaluation on Saturday, March 14, 2026. Details of the evaluation are explained in the section below.

SCHEDULE: Saturday March 21, 2026, between 08:00 and 16:00*

Recreation Centre – 60 Roosevelt avenue, Mount Royal

Note: Each candidate will be provided a time slot for the practical exam. Each candidate must be available between 08:00 and 15:00

IMPORTANT

This selection program is MANDATORY for these positions.

***Hours are subject to change depending on the number of applications received.**

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NEW CANDIDATES: LIFEGUARDS AND INSTRUCTORS

Please note: the interview process described below is subject to change, and will be adapted to respect the sanitary guidelines in place at the time of the interviews.

The selection program is an evaluation to determine the knowledge, techniques as well as the public relations skills of potential Aquatics personnel. The program will be divided into 2 parts.

1. Classroom Practical Exam – First Aid and CPR

All candidates will have to demonstrate their knowledge of first aid and resuscitation. The candidates will be scheduled at a specific time and will have 15 minutes to demonstrate their abilities in predetermined emergency situations.

2. Theory exam – Access to a computer required

45 minutes are allowed to complete the online exam. The details will be communicated to candidates upon confirmation of the interview.

The reference documents of the Lifesaving society are:

- *Alert! Lifeguarding in Action*
- *Canadian Lifesaving Manual*
- *Swim Instructor Guide*

We reserve the right to call candidates for a group interview to demonstrate that they are the ideal candidates for the position by answering predetermined questions.

SCHEDULE: Sunday March 14, 2026 between 08:00 and 16:00*

1. Recreation Centre – 60 Roosevelt avenue, Mount Royal (08:00 to 16:00)

Note: A time slot will be reserved for each candidate. Each candidate must be available between 08:00 and 16:00. Allow 60 minutes for the practical exam.

2. Theory exam – Access to a computer required

IMPORTANT

This selection program is MANDATORY for these positions. The results of the practical exams, the pool evaluation, the interview and the exam will be counted. The passing mark for the selection program is 70%.

***Hours are subject to change depending on the number of applications received.**



PREPARATION GUIDE FOR THE 2026 SELECTION PROGRAM

NEW CANDIDATES: CASHIERS

Please note: the interview process described below is subject to change, and will be adapted to respect the sanitary guidelines in place at the time of the interviews.

The selection program is an evaluation to determine the knowledge, techniques as well as the public relations skills of potential Aquatics personnel. The program, for returning employees only, will be divided into 2 parts:

1. Individual interview – Recreation Centre

All candidates are invited to an individual interview lasting 15 minutes.

2. Theory exam – Online, access to a computer is mandatory

45 minutes are allowed to complete the online exam. The details will be communicated to candidates upon confirmation of the interview.

SCHEDULE: During the week of March 16 to March 20th, 2026, must be available during the day

Recreation Centre – 60 Roosevelt avenue, Mount Royal

Note: Each candidate will be provided a time slot. Each candidate will have to take an appointment with the Régisseur Aquatique based on the availabilities offered for a short interview.

Theory exam – Access to a computer required

IMPORTANT

This selection program is MANDATORY for these positions. The results of the different evaluations will be counted.

The passing mark for the selection program is 70%.

***Hours are subject to change depending on the number of applications received.**