

June 28 to July 9, 2021 Specialized Camp



6 to 14 years

Monday to Friday
 from 09:00 to 16:00

Day care service*
 From 7:30 to 09:00
 and 16:00 to 18:00

Location: To be determined

*Consult the Recreation
 brochure for further details.

INFORMATION
 Recreation Centre (514) 734-2928
 or
 Elaine Aidelbaum (450) 628-7946

A day camp to
 dance your way through!



In an environment that facilitates and nurtures creativity, children can continue to improve their technique while experiencing and discovering various forms of dance and movement. The children will rediscover their body in new ways, create with it, create with others, create with the environment. There will be time to play, time to relax, time to say... so the whole child can "be".

The young dancers will Jump into Jazz... Move and Manoeuvre into Modern Dance... Investigate and Inquire in Improvisation workshops... Create and Compile in the Choreography program... And connect with one's own Muse... There will be time in the water, time outdoors to dance and play, and time to design and fabricate their costumes for the end of camp performance. A taste of Dance History, an adventure behind the scenes of the stage and the final performance.

No dance experience
 required.



Fee	
Residents	\$320

Our Facilities

We will have access to rooms for dancing, arts and craft, and a stage. We will also be going to the park and the municipal pool.

Dress Code



No color is enforced. However, during ballet classes, students are required to wear a ballet leotard (bodysuit), tights, and ballet slippers.

In the other programs, dancers may choose to continue with the ballet uniform or instead of tights, wear tights with the feet cut off and dance shoes. A change of clothing such as sweatpants, shorts and tops is recommended.

Please bring the following articles: bathing suit, towel, sunscreen and your lunch (nut-free).



Transfers and refunds

You must submit your written request **two weeks before the beginning of the chosen camp** to obtain 85% of the amount paid, failing which no reimbursement will be made. Transfers for the camps will be accepted up to **two weeks before the beginning of the chosen camp**, if space is available. After this date no transfers will be possible.

July 29 to August 2, 2019

Specialized Camp HIP HOP

6 to 12 ans

Monday to Friday
09:00 - 16:00

Day care service*
from 07:30 to 09:00
and 16:00 to 18:00

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Recreation brochure for
further details.

INFORMATION
(514) 734-2928

Location: Curling Club
5 Montgomery Ave.



With **Youhou Camp!** in collaboration with **Studio MovinUp**, you will experience a week of Hip Hop. Participants will learn a choreography using the best current music and the successes that have gone through time.

Dance is a means of expression that is unique to everyone. Young or old, boy or girl, all are welcome!

- A complete physical exercise: cardio, stretching exercises, relaxation;
- Children will elaborate 2 or 3 choreographies during the week;
- Children will develop their imagination as they work in groups to create their own dance moves.



- Children will dance to popular music (approved by parents);
- Each choreography is adapted to suit each age group and;
- The final performance is full of great surprises!

Price	
Residents	\$225
Non-residents	\$325

Don't forget . . .

- To wear comfortable clothes;
- Running shoes are mandatory;
- Your bathing suit and towel;
- Your sunscreen;
- Your hat or your cap;
- Your lunch and snacks (nut and peanut free).

Typical Day

07:30 - 09:00	Day care service (optional)
09:00 - 09:15	Assembly
09:15 - 10:15	Hip Hop
10:15 - 10:30	Snack
10:30 - 12:15	Hip Hop
12:15 - 13:30	Lunch
13:30 - 14:30	Group Activities
14:30 - 15:30	Pool
16:00 - 18:00	Day care service (optional)

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