



PREPARATION GUIDE FOR THE 2019 SELECTION PROGRAM
RETURNING EMPLOYEES (WHO WORKED DURING SUMMER 2018)

The selection program is an evaluation to determine the knowledge, techniques as well as the public relations skills of potential Aquatics personnel. The program, for returning employees only, will be divided into two parts:

1. Individual interview (lifeguards-instructors-cashiers)

All candidates will be invited to an individual interview.

2. Classroom Practical Exam – First Aid and CPR

All candidates will have to demonstrate their knowledge of first aid and resuscitation. The candidates will be scheduled at a specific time and will have 15 minutes to demonstrate their abilities in predetermined situations.

We reserve the right to ask a returning employee to participate in the pool evaluation on Saturday, March 23, 2019. Details of the evaluation are explained in the section below.

HORAIRE : Saturday March 16, 2019 between 09:00 and 14:00

Recreation Centre – 60 Roosevelt avenue, Mount Royal

Note: Each candidate will be provided a time slot for the practical exam. Each candidate has to be available between 09:00 and 14:00

IMPORTANT

This selection program is MANDATORY for these positions.

PREPARATION GUIDE FOR THE 2019 SELECTION PROGRAM
NEW CANDIDATES: LIFEGUARDS AND INSTRUCTORS

The selection program is an evaluation to determine the knowledge, techniques as well as the public relations skills of potential Aquatics personnel. The program will be divided into three parts.

1. Classroom Practical Exams – Theory, first aid and CPR (Recreation Centre)

The candidates will have to demonstrate their knowledge of first aid and resuscitation. The candidates will be scheduled at a specific time and will have 15 minutes to demonstrate their abilities in predetermined situations.

2. Group interview (Pierre-Laporte Pool)

The candidates will have 15 to 20 minutes to prove themselves to the evaluators as the ideal candidates by answering predetermined questions.

3. Pool evaluation (Pierre-Laporte Pool)

Physical fitness, swimming strokes and lifesaving techniques will be evaluated according to the National Lifeguard standards. For water safety instructors, animation techniques will be evaluated if need be at another time.

The reference documents of the Lifesaving society and the Red Cross are:

- *Alert! Lifeguarding in Action*
- *Canadian Lifesaving Manual*
- *Water Safety Instructor Guide*

SCHEDULE : Saturday March 23, 2019 between 09:00 and 20:00*

1. Recreation Centre – 60 Roosevelt avenue, Mount Royal (between 09:00 and 17:00)

Note: Each candidate will be provided a time slot for the practical exam. Each candidate has to be available between 09:00 and 17:00. Allow 60 minutes for the practical exam in the classroom and for the theory exam.

2. Pierre-Laporte Pool – 955 Rockland road, Mount Royal (17:00 to 20:00)

Note: Group interview and pool evaluation.

IMPORTANT

This selection program is MANDATORY for these positions.

***Hours are subject to change depending on the number of applications.**